



## Journal

With the recent uptake in people growing, be it vegetables or cannabis, it has highlighted the fact that people are still stuck in the 'old school' way of doing things and it has been a huge deterrent.

Keeping record on simple tools like Microsoft Office or a piece of paper has not been adequate for today's expectations. A dedicated grow journal is needed.

## SASH Journal

The SASH Journal is an online journal that specializes in helping growers keeping track of the details of their grow. Being online it is available at anytime from anywhere an internet connection is available.

## What aspects of my grow can I journal?

### SASH Controller

If you have purchased a SASH Controller, the journal will house all the information received from your controller and present it in an easy readable form with images and graphs.

### Individual Plants

Sometimes you have different plants in a single grow that need a little bit of different attention. These individual plants can be configured and later referenced with journal entries to track the progress of individual plants or your entire grow. Knowing the strain, supplier and other additional information of the seeds you used after the fact is very important in reproducing successful results.

### Watering schedules

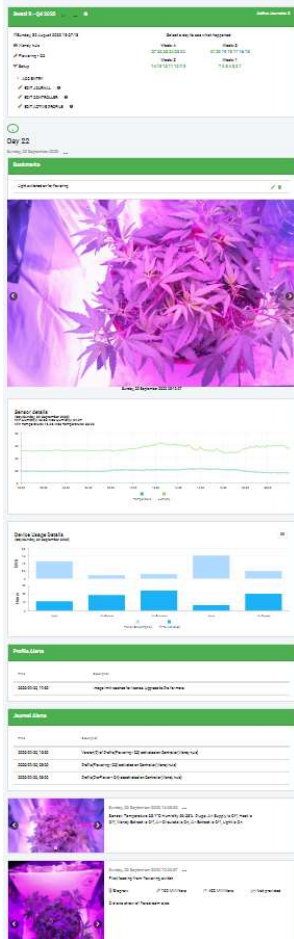
Because knowing when you want to water your plants and keeping to that schedule is such an important part of producing good results, a watering schedule can be configured in the journal which will notify you at the correct time on your phone of what to do.

### Nutrient schedules

As with watering schedules, the correct feeding of your plants plays a major part in their success. Nutrient schedules which target individual plants or all your plants, that remind you at the correct time can make all the difference. Multiple of these nutrient schedules can be created for more complex grows.

# Where do I see my journal information?

**SASH provides an online cloud based portal and a mobile application where your journal dashboard can be viewed.**



Navigate between weeks and days for easy reference to the past.

Images and graphs received from your SASH Controller showing temperature, humidity and usage.

Any alerts raised from your controller. Either system generated or your own configuration.

See upcoming watering and feeding events for planning purposes.

Save bookmarks in your journal for easy location of important events.

Add new journal entries to identify important stages in your plant's lifecycle. Reference individual plants and upload images for maximum impact. Logging of watering and feeding activities on the journal can be a powerful tool in identifying problems after the fact.

Export your completed journal's details if you want to keep it remotely.

# How can SASH help me to remember?

**As part of a SASH Journal, alerts and schedule reminders can be configured that will push a notification to your mobile application to inform you.**

**Watering and Nutrient schedules create reminders that are pushed to your mobile application to remind you in time with the correct details.**

# Can I get my journal details out of SASH?

**SASH provides an export facility which will create a PDF document containing all your journal details which can be downloaded and shared by yourself.**



Visit the [SASH](http://SASH) Website for more information.

Email us at [sash@appframeworks.com](mailto:sash@appframeworks.com)